

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						9:00 Coffee & The Chronicle 9:30 Morning Yoga 10:15 Mindful Mid-Morning Stroll 11:00 Sharp Minds Bingo 1:00 Board-Game Blast w/ Elina & Friends 2:15 Mental Stimulation: Grocery Ad Scavenger Hunt 3:30 Saturday Reading Circle 6:00 Movie: <i>The Great Imposter</i> +First Day of Ramadan	
9:00 Virtual Catholic Mass 9:30 Weights Strength Training 10:15 Daily Step Toward Better Health 11:00 Community Spirit Bingo 1:00 Scratch Art Creations 2:15 Mental Stimulation: Rhyming Words Game 3:30 Family Game Night 6:00 Movie: <i>Manhattan</i>	9:00 Coffee & The Chronicle 9:30 Fitness: Strength with Resistance Bands 10:15 Nature's Path to Vitality 11:00 Caring Connections Bingo 1:00 Smell the Clovers 2:15 Mental Stimulation: Famous Duos 3:30 70's Sing-Along 6:00 Movie: <i>Days of Heaven</i>	9:00 Coffee & The Chronicle 9:30 Drum to the Beat! 10:15 Morning Breeze Walk for Wellness 11:00 Stretch Your Mind: Bingo 1:00 Mardi Gras Party 2:15 Mental Stimulation: Word Association Game 3:30 Soulful Nail Care 6:00 Movie: <i>Annie Hall</i> Fat Tuesday / Mardi Gras	9:00 Coffee & The Chronicle 9:30 Hand-Eye Harmony Exercise 10:15 Morning Stroll for Health 11:00 Caring Connections Bingo 1:00 New Resident Happy Hour 2:15 Mental Stimulation: Quick Fire Antonym Game 3:30 Bowling Tournament 6:00 Movie: <i>Taxi Driver</i> Ash Wednesday	9:00 Coffee & The Chronicle 9:30 Weights Power Session 10:15 Start the Day with Fresh Air 11:00 Stretch Your Mind: Bingo 1:00 Friendship Bracelet Art 2:15 Mental Stimulation: Winter Words Image Quiz 3:30 Waltzing Time! 6:00 Movie: <i>Dog Day Afternoon</i>	9:00 Coffee & The Chronicle 9:30 Gentle Seated Cardio Workout 10:15 Wellness Walk for a Brighter Morning 11:00 Brain Booster Bingo 1:00 Outing: Ralphs Run! 2:15 Mental Stimulation: Riddles 3:30 Sails Away Fruit Boats 6:00 Movie: <i>The Conversation</i>	9:00 Coffee & The Chronicle 9:30 Morning Yoga 10:15 Strolling into a Stronger Tomorrow 11:00 Caring Connections Bingo 1:00 Patio Sip & Paint 2:15 Mental Stimulation: Alphabet Challenge 3:30 Saturday Reading Circle 6:00 Movie: <i>The Godfather</i>	
9:00 Virtual Catholic Mass 9:30 Wellness Weights Workout 10:15 A Gentle Walk to Awaken the Body 11:00 Stretch your Mind: Bingo 1:00 Grocery Ads Search 2:15 Mental Stimulation: Complete the Lyrics 3:30 Board Game Bonding Night 6:00 Movie: <i>Dirty Harry</i>	9:00 Coffee & The Chronicle 9:30 Resistance Bands Workout 10:15 Wellness Journey with Every Step 11:00 Brain Booster Bingo 1:00 Purim Mask Decor 2:15 Mental Stimulation: Odd Word Out 3:30 Old Times Sing-Along 6:00 Movie: <i>A Clockwork Orange</i>	9:00 Coffee & The Chronicle 9:30 Percussive Movement 10:15 Walking for Heart Health 11:00 Sharp Minds Bingo 1:00 March Birthday Celebrations 2:15 Mental Stimulation: Famous Pairs Game 3:30 Soul Hair Salon 6:00 Movie: <i>Serpico</i>	9:00 Coffee & The Chronicle 9:30 Catch and Strengthen Fitness 10:15 Mindful Morning Stroll 11:00 Brain Booster Bingo 1:00 Carmel Apple Craze 2:15 Mental Stimulation: Hangman 3:30 Guess the Phrase Game 6:00 Movie: <i>The Sting</i> Purim Begins at Sundown	9:00 Coffee & The Chronicle 9:30 Longevity Weights Training 10:15 Morning Steps to Longevity 11:00 Sharp Minds Bingo 1:00 Soul Door Decor 2:15 Mental Stimulation: Guess the Logo Challenge 3:30 Dance The Macarena! 6:00 Movie: <i>Raiders of the Lost Ark</i> Purim Begins at Sundown	9:00 Coffee & The Chronicle 9:30 Golden Cardio Moves 10:15 Rise and Walk for Vitality 11:00 Community Spirit Bingo 1:00 Outing: Duck Feeding @ Echo Park 2:15 Mental Stimulation: In My Handbag Word Search 3:30 Purim Party 6:00 Movie: <i>Platoon</i>	9:00 Coffee & The Chronicle 9:30 Morning Yoga 10:15 Fresh Air Morning Walk 11:00 Brain Booster Bingo 1:00 Patio Sip & Paint 2:15 Mental Stimulation: Odd Word Out 3:30 Saturday Reading Circle 6:00 Movie: <i>Once Upon a Time in America</i>	
9:00 Virtual Catholic Mass 9:30 Longevity Weights Training 10:15 Crisp Air Morning Walk 11:00 Sharp Minds Bingo 1:00 St. Patty's Word Find 2:15 Mental Stimulation: Roll the Dice, Do the Math 3:30 Family Game Night 6:00 Movie: <i>Dangerous Liaisons</i>	9:00 Coffee & The Chronicle 9:30 Resistance Bands Challenge 10:15 Walking Together 11:00 Community Spirit Bingo 1:00 Ye Ol' Pot of Gold 2:15 Mental Stimulation: Who Am I? 3:30 Family Favorites Sing-Along 6:00 Movie: <i>Driving Miss Daisy</i> St. Patrick's Day	9:00 Coffee & The Chronicle 9:30 Music and Motion: Drumming for Vitality 10:15 A Calm Walk for Clear Minds 11:00 Caring Connections Bingo 1:00 Karaoke Party 2:15 Mental Stimulation: Do You Hear What I Hear? 3:30 Mental Detox Spa Hour 6:00 Movie: <i>Back to the Future</i>	9:00 Coffee & The Chronicle 9:30 Balls for Balance and Focus 10:15 Energizing Walk to Start the Day 11:00 Community Spirit Bingo 1:00 Fruit Ripening 2:15 Mental Stimulation: Opposite Words Challenge 3:30 Pass the Ball Prize Pow Wow 6:00 Movie: <i>Terms of Endearment</i>	9:00 Coffee & The Chronicle 9:30 Weights Lifting Hour! 10:15 Vital Steps for a Vibrant Life 11:00 Caring Connections Bingo 1:00 Flowers in Bloom 2:15 Mental Stimulation: Riddles 3:30 Golden Oldies Dance Party 6:00 Movie: <i>Mississippi Burning</i> Spring Begins	9:00 Coffee & The Chronicle 9:30 Cardio with Curtis 10:15 Vital Steps for a Vibrant Life 11:00 Stretch your Mind: Bingo 1:00 Outing: Tour of LA Arts District 2:15 Mental Stimulation: Coffee Word Search 3:30 Critters in the Garden 6:00 Movie: <i>Dead Poets Society</i>	9:00 Coffee & The Chronicle 9:30 Morning Yoga 10:15 Step Forward in Wellness 11:00 Community Spirit Bingo 1:00 Patio Sip & Paint 2:15 Mental Stimulation: Vintage Photos Reminiscing 3:30 Saturday Reading Circle 6:00 Movie: <i>My Left Foot</i>	
9:00 Virtual Catholic Mass 9:30 Weights Lifting Hour! 10:15 Savor the Stillness Morning Walk 11:00 Caring Connections Bingo 1:00 Remember the 60s Memorabilia 2:15 Mental Stimulation: Have You Ever Game 3:30 Board Game Bonding Night 6:00 Movie: <i>Crimes & Misdemeanors</i>	9:00 Coffee & The Chronicle 9:30 Seated Resistance Bands Class 10:15 Morning Stroll for Health 11:00 Stretch your Mind: Bingo 1:00 Perfect Picket Fence 2:15 Mental Stimulation: Word Ladder 3:30 Romantic Songs Sing-Along 6:00 Movie: <i>The Untouchables</i>	9:00 Coffee & The Chronicle 9:30 Drumming to the Rhythm of Wellness 10:15 It's a New Day Stroll 11:00 Brain Booster Bingo 1:00 Proper Tea Party! 2:15 Mental Stimulation: Finish the Saying 3:30 Pamper Yourself Self-Care Station 6:00 Movie: <i>Sophie's Choice</i>	9:00 Coffee & The Chronicle 9:30 Catch and Connect Fitness 10:15 Start the Day w/Fresh Air 11:00 Stretch your Mind: Bingo 1:30 Entertainment: Yasha the Violinist 2:15 Mental Stimulation: Alphabet Game 3:30 Butterfly Migration 6:00 Movie: <i>A Summer at Grandpa's</i>	9:00 Coffee & The Chronicle 9:30 Wellness Weights Workout 10:15 Joyful Steps to Start the Day 11:00 Brain Booster Bingo 1:00 Pinwheels in the Grass Craft 2:15 Mental Stimulation: Matching Game 3:30 Dance Party Showdown! 6:00 Movie: <i>Grease</i>	9:00 Coffee & The Chronicle 9:30 Active Heartbeats: Cardio Class 10:15 Heart-Healthy Walk 11:00 Sharp Minds Bingo 1:00 Outing: Scenic Drive of Old Downtown LA 2:15 Mental Stimulation: 80s Slang Word Search 3:30 Rest & Revive Retreat 6:00 Movie: <i>Do the Right Thing</i>	9:00 Coffee & The Chronicle 9:30 Morning Yoga 10:15 Mindful Mid-Morning Stroll 11:00 Sharp Minds Bingo 1:00 Patio Sip & Paint 2:15 Mental Stimulation: Grocery Ad Scavenger Hunt 3:30 Saturday Reading Circle 6:00 Movie: <i>A Room with a View</i>	
9:00 Virtual Catholic Mass 9:30 Weights Strength Training 10:15 Daily Step Toward Better Health 11:00 Community Spirit Bingo 1:00 Sunday Book Club Discussion 2:15 Mental Stimulation: Rhyming Words Game 3:30 Family Game Night 6:00 Movie: <i>Places in the Heart</i>	9:00 Coffee & The Chronicle 9:30 Fitness: Strength with Resistance Bands 10:15 Nature's Path to Vitality 11:00 Caring Connections Bingo 1:00 Lilly Pads on the Pond 2:15 Mental Stimulation: Famous Duos 3:30 70's Sing-Along 6:00 Movie: <i>One Flew Over the Cuckoo's Nest</i>						CityView March 2025 SOUL Calendar