

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# CityView January 2025 AL Calendar

			<p>10:00 <b>Active Aging Arm Workout</b></p> <p>11:00 <b>New Years Resolution Jar</b></p> <p>1:30 Beading   Jewelry Making</p> <p>2:00 <b>Holy Communion</b></p> <p>2:30 <b>Entertainment: Ali Angel!</b></p> <p>3:00 Prize Bingo Auction</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Guns of Navarone</i></p> <p>New Year's Day</p>	<p>2</p> <p>10:00 <b>Silver Strength Weights Workout</b></p> <p>11:00 <b>Sip and Paint: Watercolor Roses</b></p> <p>1:30 <b>Outing: Brain Boosting Coffee at Flowin Cafe</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Sting</i></p>	<p>3</p> <p>10:00 <b>Resistance Bands Workout</b></p> <p>11:00 <b>Memory Boxes</b></p> <p>1:30 Crosswords w/Scones &amp; Tea</p> <p>3:00 <b>Outing: Ralph's Grocery Run</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Jumanji</i></p>	<p>4</p> <p>10:00 <b>Tai Chi Class</b></p> <p>11:00 <b>Bean Dog Craft</b></p> <p>1:30 <b>Shabbat Kiddush Social: Parshat Vayigash</b></p> <p>2:30 Brain Teasers and Riddles</p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Game Change</i></p>
<p>5</p> <p>10:00 Catholic Mass</p> <p>11:00 <b>Lift Weights for Longevity!</b></p> <p>1:30 <b>Craft: Cupcake Liner Flowers</b></p> <p>2:30 <b>Tech Class: How to Utilize and Enjoy Your Notes App</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Steel Magnolias</i></p>	<p>6</p> <p>10:00 <b>Cardio with Curtis</b></p> <p>11:00 Self-Love Meditation and Affirmations</p> <p>1:30 <b>Sip &amp; Paint Event</b></p> <p>2:30 <b>Spiritual Seekers Book Club Crime &amp; Punishment</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Interrupted</i></p>	<p>7</p> <p>10:00 <b>Sit &amp; Sway Zumba Class</b></p> <p>11:00 <b>Chef Chat</b></p> <p>1:30 <b>Paper Plate Masks</b></p> <p>2:30 Memory Lane Storytelling w/Choc Chip Cookies &amp; Milk</p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Aftersun</i></p>	<p>8</p> <p>10:00 <b>Leg Power Hour</b></p> <p>11:00 Music Appreciation w/Pastries and Coffee</p> <p>1:30 <b>Simple Paper Chains</b></p> <p>2:00 Holy Communion</p> <p>3:00 Prize Bingo Auction</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Before Sunset</i></p>	<p>9</p> <p>10:00 <b>Fit Forever Weight Lifting</b></p> <p>11:00 <b>Rice Crispy Lego Craft</b></p> <p>1:30 <b>Outing: Shopping at Dollar Tree</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Carol</i></p>	<p>10</p> <p>10:00 <b>Band-Flex Fusion</b></p> <p>11:00 <b>Coffee Filter Butterfly Craft</b></p> <p>1:30 Men's Beer Circle</p> <p>1:30 Ladies Glamour Hour</p> <p>3:00 <b>Outing: Trader Joes Grocery Run</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Groundhog Day</i></p>	<p>11</p> <p>10:00 <b>Mindful Movement: Yoga</b></p> <p>11:00 Walk Around the Block with Stop at Winchell's</p> <p>1:30 <b>Shabbat Kiddush Social: Parshat Vayechi</b></p> <p>2:30 <b>Freestyle Acrylic Painting</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Collateral</i></p>
<p>12</p> <p>10:00 Catholic Mass</p> <p>11:00 <b>Silver Strength Weights Workout</b></p> <p>1:30 <b>Watercolor Landscape Painting</b></p> <p>2:30 <b>Tech Class: How to Send an Email</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>His Three Daughters</i></p>	<p>13</p> <p>10:00 <b>Golden Cardio Moves</b></p> <p>11:00 <b>Sticker Art Craft!</b></p> <p>1:30 Ted Talk: How I Stopped Being an Overthinker</p> <p>2:30 <b>Spiritual Seekers Book Club Crime &amp; Punishment</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>May December</i></p>	<p>14</p> <p>10:00 <b>Punch &amp; Persevere: Boxing</b></p> <p>11:00 <b>Activities Discussion</b></p> <p>1:30 <b>Feather Bookmarks</b></p> <p>2:30 <b>Resident Birthday Party!</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Intern</i></p>	<p>15</p> <p>10:00 <b>Strong Core, Strong You!</b></p> <p>11:00 Meditation with Calming Tea</p> <p>1:30 <b>Beading   Jewelry Making</b></p> <p>2:00 Holy Communion</p> <p>2:30 <b>Entertainment: Saxophonist</b></p> <p>3:00 Prize Bingo Auction</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Gone with the Wind</i></p>	<p>16</p> <p>10:00 <b>Seated Weights Workout</b></p> <p>11:00 <b>Painted Wooden Spoons</b></p> <p>1:30 <b>Outing: Happy Ice Cream Shop!</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Nest</i></p>	<p>17</p> <p>10:00 <b>Resistance Band Power Hour</b></p> <p>11:00 <b>Simple Origami</b></p> <p>1:30 <b>Dance Party with Refreshments!</b></p> <p>3:00 <b>Outing: Target Grocery Run</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Piano Lesson</i></p>	<p>18</p> <p>10:00 <b>Gentle Tai Chi</b></p> <p>11:00 <b>Step-by-Step Landscape Watercolor Painting</b></p> <p>1:30 <b>Shabbat Kiddush Social: Parshat Shamot</b></p> <p>2:30 <b>Afternoon Unwind with Mocktails</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Power of the Dog</i></p>
<p>19</p> <p>10:00 Catholic Mass</p> <p>11:00 <b>Fit Forever Weight Lifting</b></p> <p>1:30 <b>Craft: Tissue Paper Flowers</b></p> <p>2:30 <b>Tech Class: How to Record a Video</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Remarkable Life of Ibelin</i></p> <p>Activity Professionals Week</p>	<p>20</p> <p>10:00 <b>Active Heartbeats Cardio Class</b></p> <p>11:00 Proper Tea Party</p> <p>1:30 <b>Sip &amp; Paint Event</b></p> <p>2:30 <b>Spiritual Seekers Book Club Crime &amp; Punishment</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Teachers' Lounge</i></p> <p>Martin Luther King Jr. Day</p>	<p>21</p> <p>10:00 <b>Zumba Workout</b></p> <p>11:00 <b>Resident Council Meeting</b></p> <p>1:30 <b>Decorated Paper Fan Craft</b></p> <p>2:30 Refreshments and Words of Affirmation Circle</p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Whiplash</i></p>	<p>22</p> <p>10:00 <b>Upper Body Workout</b></p> <p>11:00 <b>Jelly Bean Art</b></p> <p>1:30 <b>Ice Cream Tasting Social</b></p> <p>2:30 <b>Beading   Jewelry Making</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Woman of the Hour</i></p>	<p>23</p> <p>10:00 <b>Lift Weights for Longevity!</b></p> <p>11:00: Crosswords with PB&amp;J Sandwiches</p> <p>1:30 <b>Outing: Picnic at the Park</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>1917</i></p>	<p>24</p> <p>10:00 <b>Resistance Bands Workout</b></p> <p>11:00 <b>Washi Tape Coasters</b></p> <p>1:30 Food Choices Documentary with Healthy Snacks</p> <p>3:00 <b>Outing: Ralph's Grocery Run</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Baby Driver</i></p>	<p>25</p> <p>10:00 <b>Serenity Yoga Flow</b></p> <p>11:00 <b>Make your neighbor a bracelet!</b></p> <p>1:30 <b>Shabbat Kiddush Social: Parshat Va'era</b></p> <p>2:30 Walk Around the Block with Stop at Winchell's</p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Godzilla Minus One</i></p>
<p>26</p> <p>10:00 Catholic Mass</p> <p>11:00 <b>Seated Weights Workout</b></p> <p>1:30 <b>Watercolor Bird Painting</b></p> <p>2:30 <b>Tech Class: Design your Phone's Custom Wallpaper!</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Hateful Eight</i></p>	<p>27</p> <p>10:00 <b>Vibrant Cardio Flow</b></p> <p>11:00 <b>Decorative Paper Plate Flowers</b></p> <p>1:30 Cheese Tasting Social</p> <p>2:30 <b>Spiritual Seekers Book Club Crime &amp; Punishment</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Straight Story</i></p>	<p>28</p> <p>10:00 <b>Chair Champions Boxing</b></p> <p>11:00 <b>Executive Director Meeting</b></p> <p>1:30 <b>New Resident Happy Hour!</b></p> <p>2:30 Crosswords and Pretzel Bites</p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Amour</i></p>	<p>29</p> <p>10:00 <b>Arm Stretch Workout</b></p> <p>11:00 <b>Beautiful Flower Watercolor Painting</b></p> <p>1:30 End-of-the-Month Reflections</p> <p>2:30 <b>Live Entertainment: Yasha the Violinist!</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Lala Land</i></p> <p>Chinese New Year (Year of the Snake)</p>	<p>30</p> <p>10:00 <b>Gentle Seated Stretch</b></p> <p>11:00 <b>Cup Painting Craft</b></p> <p>1:30 <b>Outing: Hollywood Walk of Fame</b></p> <p>3:00 Prize Bingo</p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>Our Little Secret</i></p>	<p>31</p> <p>10:00 <b>Boxing Workout</b></p> <p>11:00 Animal Trivia!</p> <p>1:30 Food Tasting Game</p> <p>3:00 <b>Outing: Trader Joes Grocery Run</b></p> <p>4:00 Competitive Corner</p> <p>6:30 Movie: <i>The Killer</i></p>	