

Sunday

Monday

Tuesday

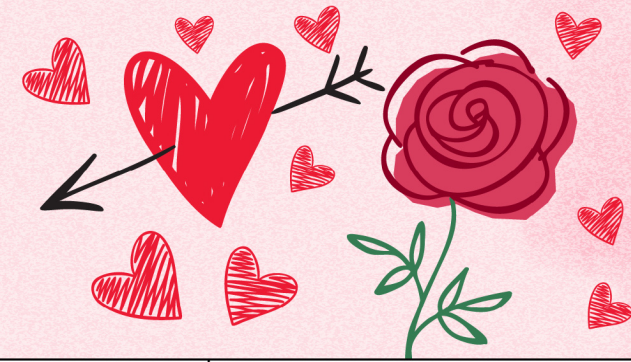
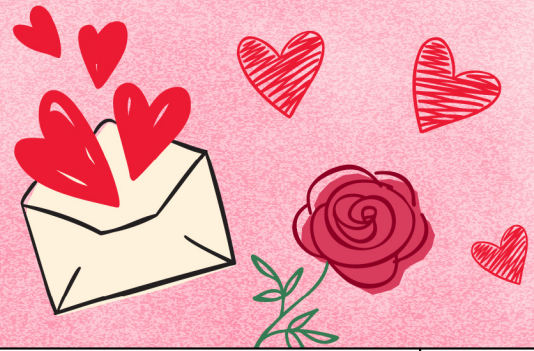
Wednesday

Thursday

Friday

Saturday

February 2025



						<p>10:30 Active Aging Arm Workout</p> <p>11:15 Prize Bingo</p> <p>1:30 Shabbat Kiddush Social: Parshat Bo</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>7:00 Havdalah Ceremony with Joseph</p> <p>6:30 <i>Movie: The Irishman</i></p>
<p>2</p> <p>2:00 Groundhog Day Special: Midday Movie with Special Groundhog Treats</p> <p>6:30 <i>Movie: Marriage Story</i></p> <p>Groundhog Day</p>	<p>3</p> <p>10:30 Cardio with Curtis</p> <p>11:15 Prize Bingo</p> <p>1:30 Sip & Paint with Anabel</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Trial of the Chicago 7</i></p>	<p>4</p> <p>10:30 Sit & Sway Zumba Class</p> <p>11:15 Movie List Making with Mocktails</p> <p>1:30 New Resident Happy Hour</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: Knives Out</i></p>	<p>5</p> <p>10:30 Gentle Seated Workout</p> <p>11:15 Prize Bingo</p> <p>2:00 Holy Communion</p> <p>2:30 Baking Heart Cookies</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: Roma</i></p>	<p>6</p> <p>10:30 Silver Strength Weights Workout</p> <p>11:15 Chef Chat</p> <p>1:30 CV Outing: Goodwill Thrifting Excursion</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Social Network</i></p>	<p>7</p> <p>10:30 Resistance Bands Workout</p> <p>11:15 Prize Bingo</p> <p>1:30 Beading - Jewelry Making</p> <p>2:30 Weekly Grocery Run: Trader Joes</p> <p>6:30 <i>Movie: The Platform</i></p>	<p>8</p> <p>10:30 Leg Power Hour</p> <p>11:15 Prize Bingo</p> <p>1:30 Shabbat Kiddush Social: Parshat Beshalach</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>7:00 Havdalah Ceremony with Joseph</p> <p>6:30 <i>Movie: The Queen's Gambit</i></p>
<p>9</p> <p>3:30 Super Bowl Special: Snack and Watch Party!</p> <p>6:30 <i>Movie: Uncut Gems</i></p>	<p>10</p> <p>10:30 Golden Cardio Moves</p> <p>11:15 Prize Bingo</p> <p>1:30 Sip & Paint with Anabel</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: Bird Box</i></p>	<p>11</p> <p>10:30 Punch & Persevere: Boxing</p> <p>11:15 "Get Well" Volunteer Committee</p> <p>1:30 February Birthday Celebration</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Red Sea Diving Resort</i></p>	<p>12</p> <p>10:30 Serenity Yoga Flow</p> <p>11:15 Prize Bingo</p> <p>2:00 Holy Communion</p> <p>2:30 Live Entertainment: Audrey's Acoustics!</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>5:00 Tu B'Shevat Fruit Platters</p> <p>6:30 <i>Movie: The Dark Night</i></p> <p>Tu B'Shevat Begins</p>	<p>13</p> <p>10:30 Fit Forever Weight Lifting</p> <p>11:15 Activities Discussion</p> <p>1:30 CV Outing: Get Your Essentials at Walmart</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Ballad of Buster Scruggs</i></p>	<p>14</p> <p>10:30 Band-Flex Fusion</p> <p>11:15 Prize Bingo</p> <p>1:30 Water Color Painting Workshop</p> <p>2:30 Valentines Day "Sweetheart" Party</p> <p>6:30 <i>Movie: Okja</i></p> <p>Valentine's Day</p>	<p>15</p> <p>10:30 Upper Body Workout</p> <p>11:15 Prize Bingo</p> <p>1:30 Shabbat Kiddush Social: Parshat Yitro</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>7:00 Havdalah Ceremony with Joseph</p> <p>6:30 <i>Movie: Don't Look Up</i></p>
<p>16</p> <p>6:30 <i>Movie: The Old Guard</i></p>	<p>17</p> <p>10:30 Active Heartbeats Cardio Class</p> <p>11:15 Prize Bingo</p> <p>1:30 Sip & Paint with Blimie</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: La La Land</i></p> <p>Presidents' Day (U.S.)</p>	<p>18</p> <p>10:30 Zumba Workout</p> <p>11:15 Gratitude Journaling</p> <p>1:30 Charcuterie Board Social</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Midnight Sky</i></p>	<p>19</p> <p>10:30 Mindful Movement: Yoga</p> <p>11:15 Prize Bingo</p> <p>2:00 Holy Communion</p> <p>2:30 Chef Demo: Pasta Secrets Revealed!</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: Mudbound</i></p>	<p>20</p> <p>10:30 Seated Weights Workout</p> <p>11:15 Resident Council Meeting</p> <p>1:30 CV Outing: Vala Kitchen - Exploring Persian Food</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: Shutter Island</i></p>	<p>21</p> <p>10:30 Resistance Band Power Hour</p> <p>11:15 Prize Bingo</p> <p>1:30 Beading - Jewelry Making</p> <p>2:30 Weekly Grocery Run: Ralph's</p> <p>6:30 <i>Movie: Dolemite Is My Name</i></p>	<p>22</p> <p>10:30 Strong Core, Strong You!</p> <p>11:15 Prize Bingo</p> <p>1:30 Shabbat Kiddush Social: Parshat Mishpatim</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>7:00 Havdalah Ceremony with Joseph</p> <p>6:30 <i>Movie: Inception</i></p>
<p>23</p> <p>6:30 <i>Movie: The Hateful Eight</i></p>	<p>24</p> <p>10:30 Vibrant Cardio Flow</p> <p>11:15 Prize Bingo</p> <p>1:30 Sip & Paint with Anabel</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: Mank</i></p>	<p>25</p> <p>10:30 Chair Champions Boxing</p> <p>11:15 Active Listening Circle</p> <p>1:30 Proper Tea Party with Surprise Guest Speaker</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Invisible Man</i></p>	<p>26</p> <p>10:30 Gentle Tai Chi</p> <p>11:15 Prize Bingo</p> <p>2:00 Holy Communion</p> <p>2:30 Live Entertainment: Yasha the Violinist!</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: All Quiet on the Western Front</i></p>	<p>27</p> <p>10:30 Lift Weights for Longevity!</p> <p>11:30 Executive Director Chat</p> <p>1:30 CV Outing: Mickey Hargitay Plant Shop Followed by Coffee @ Coffee For Sasquatch</p> <p>3:30 Competitive Corner - Poker, Scrabble, and Other Clubs</p> <p>6:30 <i>Movie: The Witch</i></p>	<p>28</p> <p>10:30 Resistance Bands Workout</p> <p>11:15 Prize Bingo</p> <p>1:30 Water Color Painting Workshop</p> <p>2:30 Weekly Grocery Run: Target</p> <p>6:30 <i>Movie: Wicked</i></p> <p>Ramadan Begins</p>	