

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																												
 <h2 style="text-align: center;">CityView Assisted Living May 2024 Menu</h2>			<p>BREAKFAST 1 Oatmeal, Blueberry Pancakes Vegetable Omelet, Turkey Bacon, Fruit Hot or Cold Cereal</p> <p>LUNCH White Bean Soup Fish Tacos w/ Lime Slaw Spanish Rice & Refried Beans Rice Pudding</p> <p>DINNER Vegetable Soup, Beef Pot Roast Mashed Potatoes w/Gravy Dinner Roll, Bread Pudding</p>	<p>BREAKFAST 2 Oatmeal, French Toast, Scrambled Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Chicken Noodle Soup, Reuben Sandwich Potato Salad, Dill Pickle Spear Ice Cream Sandwich</p> <p>DINNER Tomato Soup Chicken Fettuccine Alfredo Steamed Broccoli, Garlic Bread Sponge Cake</p>	<p>BREAKFAST 3 Oatmeal, Danish, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Butternut Squash Soup Chicken Tenders, French Fries Coleslaw, Ambrosia Salad</p> <p>DINNER Matzo Ball Soup Fish Florentine Sautéed Garlic Green Beans Sweet Baked Potato Banana Cream Pie</p>	<p>BREAKFAST 4 Oatmeal, Coffee Cake, Scrambled Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Vegetable Soup Chef Salad, Hawaiian Roll Angel Food Cake</p> <p>DINNER French Onion Soup Beef Burgundy Polenta Dinner Roll Lemon Bar</p>	<p>BREAKFAST 5 Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</p> <p>CINCO DE MAYO LUNCH Tortilla Soup Chicken Fajitas Spanish Rice & Refried Beans Churros</p> <p>DINNER Cream of Spinach Soup, Cheese Ravioli Mixed Vegetables, Garlic Bread Apple Cake Cinco de Mayo</p>	<p>BREAKFAST 6 Oatmeal, Waffles, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Cream of Carrot, Turkey Croissant Cucumber & Tomato Salad Potato Chips, Fruit Parfait</p> <p>DINNER Potato Leek Soup Eggplant Parmesan Mixed Vegetables Breadsticks Brownie</p>	<p>BREAKFAST 7 Oatmeal, Baked Muffin, Poached Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Tomato Soup Cheese/Salami Pizza Caesar Salad, Boston Cream Pie</p> <p>DINNER Garbanzo Bean Soup Chicken Cacciatore Herbed Rice Pilaf Roasted Asparagus</p>	<p>BREAKFAST 8 Oatmeal, Blueberry Pancakes Vegetable Omelet, Turkey Bacon, Fruit Hot or Cold Cereal</p> <p>LUNCH Egg Drop Soup, Beef Chow Mein Oriental Vegetables, Coconut Macarons</p> <p>DINNER Cream of Spinach Soup Cheese Manicotti Mixed Vegetables, Garlic Bread Peach Cobbler</p>	<p>BREAKFAST 9 Oatmeal, French Toast Scrambled Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Split Pea Soup, Vegetable Quiche, Garden Salad, Zucchini Bread Chocolate Cake</p> <p>DINNER Minestrone Soup, Breaded Fish Scalloped Potatoes Balsamic Glazed Carrots Banana Bread</p>	<p>BREAKFAST 10 Oatmeal, Danish, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Lentil Soup Meatball Sub Sandwich Onion Rings, Coleslaw Coleslaw, Ambrosia Salad</p> <p>DINNER Matzo Ball Soup Chicken Francaise, Wild Rice Baby Carrots Bread Pudding</p>	<p>BREAKFAST 11 Oatmeal, Coffee Cake, Scrambled Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Cabbage & Celery Soup Oven Baked Crab Cakes, Broccoli Slaw Honeydew Melon, Cherry Pie</p> <p>DINNER Pinto Bean Soup Salisbury Steak w/Mushroom Gravy Red Roasted Potatoes Steamed Cauliflower Chocolate Pudding</p>	<p>BREAKFAST 12 Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</p> <p>LUNCH Potato Leek Soup Steak, Hasselback Potatoes Roasted Asparagus Red Velvet Cake</p> <p>DINNER Zucchini Soup, BBQ Chicken Corn on the Cob, Baked Beans Strawberry Shortcake Mother's Day Nat'l Skilled Nursing Care Week</p>	<p>BREAKFAST 13 Oatmeal, Waffles, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Cream of Mushroom Soup Veggie Burger, Three Bean Salad Onion Rings, Triple Decker Brownie</p> <p>DINNER Corn Chowder Open Faced Hot Turkey Sandwich Mashed Potatoes, Sweet Corn Peach Cobbler</p>	<p>BREAKFAST 14 Oatmeal, Baked Muffin Poached Eggs, Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Mushroom Bok Choy Hawaiian Meatballs, Steamed Rice Oriental Vegetables, Mango Ice Cream</p> <p>DINNER Cream of Cauliflower Grilled Tilapia Couscous, Roasted Root Vegetables Coconut Cream Pie</p>	<p>BREAKFAST 15 Oatmeal, Blueberry Pancakes Vegetable Omelet, Turkey Bacon, Fruit Hot or Cold Cereal</p> <p>LUNCH Black Bean Soup Smoked Salmon Pasta, Pesto Flatbread Boston Cream Pie</p> <p>DINNER Butternut Squash Soup Country Fried Steak Mashed Potatoes, Green Beans Carrot Cake</p>	<p>BREAKFAST 16 Oatmeal, French Toast, Scrambled Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Fideo Soup, Turkey Patty Melt Sweet Potato Fries, Dill Pickle Spears Ambrosia Salad</p> <p>DINNER Kidney Bean Soup Vegetable Lasagna Mixed Vegetables, Garlic Bread Lemon Meringue Pie</p>	<p>BREAKFAST 17 Oatmeal, Danish, Scrambled Eggs Turkey Bacon, Fruit Hot or Cold Cereal</p> <p>LUNCH Zucchini Cilantro Soup Chicken Teriyaki, Steamed Rice Oriental Vegetables, Almond Cookies</p> <p>DINNER Matzo Ball Soup Shepherd's Pie Balsamic Roasted Brussel Sprouts Dinner Roll Chocolate Cake</p>	<p>BREAKFAST 18 Oatmeal, Coffee Cake Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal</p> <p>LUNCH Cream of Carrot Soup Philly Cheesesteak Sandwich, Sweet Potato Fries, Dill Pickle Spear Bananas Foster</p> <p>DINNER Roasted Carrot & Ginger Soup Chicken Piccata, Wild Rice w/ Mushrooms Roasted Brussel Sprouts Orange Cake Armed Forces Day</p>	<p>BREAKFAST 19 Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</p> <p>LUNCH Pinto Bean Soup Ground Beef Shell Tacos Spanish Rice & Refried Beans, Churros</p> <p>DINNER Carrot Ginger Soup, Grilled Tilapia Roasted Green Beans w/Cherry Tomatoes Red Roasted Potatoes Pistachio Ice Cream</p>	<p>BREAKFAST 20 Oatmeal, Waffles, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Potato Leek Soup French Dip Sandwich, Onion Rings Coleslaw, Fudge Brownie</p> <p>DINNER Wild Rice Soup Eggplant Casserole Capri Blend Vegetables Breadsticks, Fruit Cobbler Victoria Day (Canada)</p>	<p>BREAKFAST 21 Oatmeal, Baked Muffin, Poached Eggs Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Garbanzo Bean Soup Italian Chopped Salad Zucchini Bread, Angel Food Cake</p> <p>DINNER Mushroom & Barley Soup Pasta Bolognese, Garlic Bread Sautéed Zucchini & Squash Vanilla Cake</p>	<p>BREAKFAST 22 Oatmeal, Blueberry Pancakes Vegetable Omelet, Turkey Bacon, Fruit Hot or Cold Cereal</p> <p>LUNCH Chicken Artichoke Soup Tuna Stuffed Tomato, Garden Salad Zucchini Bread, Lemon Cake</p> <p>DINNER Spring Minestrone Soup Lemon Herb Roast Chicken Potato Kugel, Carrot Tzimmes Raspberry Sorbet</p>	<p>BREAKFAST 23 Oatmeal, French Toast Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal</p> <p>LUNCH White Bean Soup, Fish & Chips Orange Mousse</p> <p>DINNER Butternut Squash Soup Lamb Chops, Green Beans Mashed Sweet Potatoes Chocolate Toffee Matzo</p>	<p>BREAKFAST 24 Oatmeal, Danish, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Vegetable Soup, Egg Salad Pita Pocket Beet Salad, Fresh Melon Yogurt Parfait</p> <p>DINNER Matzo Ball Soup, Beef Pot Roast Mashed Potatoes, Dinner Roll Chocolate Covered Coconut Macarons</p>	<p>BREAKFAST 25 Oatmeal, Coffee Cake Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal</p> <p>LUNCH Split Pea Soup, Chicken Tacos Spanish Rice & Refried Beans, Churros</p> <p>DINNER Hearty Cabbage Soup Moroccan Paprika Fish Roasted Root Vegetable, Couscous Poached Pears</p>	<p>BREAKFAST 26 Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</p> <p>LUNCH Tomato Basil Soup Grilled Cheese Sandwich Balsamic Arugula-Tomato Salad, Fruit Jell-O</p> <p>DINNER Zucchini Soup, BBQ Meatloaf Grilled Vegetables Chocolate Covered Strawberries</p>	<p>BREAKFAST 27 Oatmeal, Waffles, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Chicken Noodle Soup, Veggie Burger, Waffle Fries, Watermelon, German Chocolate Cake</p> <p>DINNER Matzo Ball Soup, Oven Braised Brisket Roasted Potatoes & Carrots Coconut Macarons Memorial Day</p>	<p>BREAKFAST 28 Oatmeal, Baked Muffin Poached Eggs, Turkey Sausage, Fruit Hot or Cold Cereal</p> <p>LUNCH Lentil Soup, Chicken Tenderloin French Fries, Coleslaw, Tapioca Pudding</p> <p>DINNER Creamy Mushroom Soup Fish w/ Mango Salsa Roasted Brussel Sprouts, Garden Rice Cherry Pie</p>	<p>BREAKFAST 29 Oatmeal, Blueberry Pancakes Vegetable Omelet, Turkey Bacon, Fruit Hot or Cold Cereal</p> <p>LUNCH White Bean Soup, Oven Baked Crab Cakes, Broccoli & Carrot Slaw Fresh Fruit,</p> <p>DINNER Fruit Jell-O Barley Soup, Classic Spaghetti Bolognese Honey Roasted Carrots, Breadsticks</p>	<p>BREAKFAST 30 Oatmeal, French Toast Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal</p> <p>LUNCH Cream of Cauliflower Soup Reuben Sandwich, Potato Salad Watermelon Strawberry Shortcake</p> <p>DINNER Butternut Squash Soup Chicken Fettuccine Alfredo Steamed Broccoli, Garlic Bread Fruit Cobbler</p>	<p>BREAKFAST 31 Oatmeal, Danish, Scrambled Eggs Turkey Bacon, Fruit, Hot or Cold Cereal</p> <p>LUNCH Vegetable Soup Italian Chopped Salad Zucchini Bread, Angel Food Cake</p> <p>DINNER Matzo Ball Soup Moroccan Chicken Quinoa, Roasted Asparagus Ice Cream</p>	